



HURRICANE PREPARDNESS GUIDE - 2025

Integrated Home Care Services (IHCS) is committed to supporting, educating and partnering with our patients, health plans and provider partners to ensure the health, safety and well-being of everyone before, during and after catastrophic weather events.

To create awareness and preparedness for all, this guide will provide details to support and inform our customers how best to prepare for a Hurricane.

I. Hurricane Preparedness Information



OXYGEN PATIENTS:

It is essential for patients on supplemental oxygen to prepare ahead of time and ensure that an emergency back-up oxygen system is in place to last at least 48 hours after a storm has passed. The oxygen concentrator used daily will not operate in the event of a power outage. Contact IHCS before Hurricane Watches are issued at 844.215.4264 to order an emergency back-up oxygen system. There is no charge for this back-up system.



EVACUATION:

Patients who live in an evacuation zone or reside in a mobile home and have received orders to evacuate, should do so immediately. This is for your safety and the safety of first responders. When evacuating, patients must take all of their necessary medical equipment, medications and emergency supplies with them. Please call IHCS at 844.215.4264 to let us know where you will be evacuating to so we may provide ongoing services after the storm.



SPECIAL NEEDS MEDICAL SHELTERS:

Special Needs Medical Shelter is a type of program that provides sheltering for individuals who do not require hospitalization but do require a greater level of care than a General Population Shelter. These shelters are staffed by medical personnel and have back-up power for limited lighting and essential medical equipment functionality.

Pre-registration for the Special Needs Shelter is open throughout the year. IHCS strongly encourages patients to register early to ensure the shelter will adequately meet their needs.



**DELIVERIES:**

During a Tropical Storm or Hurricane Watch, IHCS will continue making deliveries. However, once Tropical Storm or Hurricane Warnings are issued deliveries will be suspended. Deliveries will only resume after Emergency Management Officials have given the “*All Clear*” and it is safe to be back on the roads. This is to ensure the safety of our associates and our compliance with Emergency Management Guidance.

II. General Population Shelters and What to Bring

- Identification
- Compact bedding such as pillow, blanket and air mattress
- Games, and Reading Material
- Extra change of clothing
- Non-perishable snacks
- LED Flashlight & Extra Batteries
- Cell Phone, Charger, and Battery Pack
- Medications
- Water
- Supplies for children and the elderly, (baby formula, diapers, walker, wheelchair, hearing device, etc.)

Provisions at these shelters are very limited. Evacuees are encouraged to carry with them all the items they will need during their stay at the shelter

III. Special Needs Shelter and What to Bring

- Identification
- Extra change of clothing
- Mobility equipment (walker, wheelchair)
- Dentures or retainers
- Health monitors
- Hearing devices and batteries
- Compact bedding such as pillow & blanket
- Sanitary Supplies
- Special dietary foods
- Folding chair
- LED Flashlight & Extra Batteries
- Cell Phone, Charger, and Battery Pack
- Games and Reading Material

EMERGENCY SUPPLY CHECKLIST

- One gallon of drinking water per person, per day for three to five days. Extra water for food preparation, pets and personal hygiene
- Enough food for three to five days, including non-perishable packaged and canned food, canned or boxed milk, cereal, crackers and snack foods
- A three-to-five-day supply of special items for babies and the elderly: formula, wipes, diapers, special foods, and toiletries
- Important documents: Place in a waterproof container or watertight resealable plastic bag; Should include insurance, medical records, bank account numbers, Social Security card, prescriptions, list of important phone numbers in case cell phone battery dies
- Prescriptions and other medicines
- Manual can & bottle opener
- Toilet paper, paper plates, cups, and plastic utensils
- Unscented household bleach
- First aid kit
- Fire Extinguisher
- Mosquito Repellent
- Sunscreen
- LED Flashlight & Lanterns with plenty of extra batteries
- Cell phone charger battery packs
- AM/FM/Weather Radio with extra batteries
- Plastic trash bags
- Toys, books, and games
- Hand sanitizer and sanitary wipes
- Heavy duty work gloves
- One or two tarps
- Pet supplies
- Cash (without power, credit & debit cards are unusable)

For additional information, please go to www.ready.gov/hurricanes