



***HURRICANE  
PREPAREDNESS GUIDE  
- 2022***

# Overview

Integrated Home Care Services (IHCS) is committed to supporting, educating and partnering with our patients, health plans and provider partners to ensure the health, safety and well-being of everyone before, during and after catastrophic weather events.

In an effort to create awareness and preparedness for all, this preparedness guide will provide details to support and inform our customers how best to prepare for a Hurricane.

## I. Hurricane Preparedness Information



### **OXYGEN PATIENTS:**

It is essential for patients on supplemental oxygen to prepare ahead of time and ensure that an emergency back-up oxygen system is in place to last at least 48 hours after a storm has passed. The oxygen concentrator used on a daily basis will not operate in the event of a power outage. Contact IHCS before Hurricane Watches are issued at 844.215.4264 to order an emergency back-up oxygen system. There is no charge for this back-up system.



### **EVACUATION:**

Patients who live in an evacuation zone or reside in a mobile home and have received orders to evacuate, should do so immediately. This is for your safety and the safety of first responders. When evacuating, patients must take all of their necessary medical equipment, medications and emergency supplies with them. Please call IHCS at 844.215.4264 to let us know where you will be evacuating to so we may provide ongoing services after the storm.



### **SPECIAL NEEDS MEDICAL SHELTERS:**

Special Needs Medical Shelter is a type of program that provides sheltering for individuals who do not require hospitalization, but do require a greater level of care than a General Population Shelter. These shelters are staffed by medical personnel and have back-up electricity for limited lighting and essential medical equipment functionality.

Pre-registration for the Special Needs Shelter is open throughout the year. IHCS strongly encourages patients to register early to ensure the shelter will adequately meet their needs. IHCS will gladly assist patients in the registration process by calling our office at 844-215-4264.



## **DELIVERIES:**

During a Tropical Storm or Hurricane Watch, IHCS will continue making deliveries. However, once Tropical Storm or Hurricane Warnings are issued and winds have reached a sustained 35 MPH, deliveries will be suspended. Deliveries will only resume after Emergency Management Officials have given the “All Clear”. This is to ensure the safety of our associates and our compliance with Emergency Management Guidance.

## **II. General Population Shelters and What to Bring**

- Identification
- Compact bedding such as pillow, blanket and air mattress
- Games, reading material, cell phone with charger
- Extra change of clothing
- Non-perishable snacks
- Flashlight
- Medications
- Water
- Supplies for children and elderly, (baby formula, diapers, walker, wheelchair, hearing device, etc.)

Provisions at these shelters are very limited. Evacuees are encouraged to carry with them all items they will need during their stay at the shelter

## **III. Special Needs Shelter and What to Bring**

- Identification
- Extra change of clothing
- Mobility equipment (walker, wheelchair)
- Dentures or retainers
- Health monitors
- Hearing devices and batteries
- Compact bedding such as pillow & blanket
- Sanitary Supplies
- Special dietary foods
- Folding chair
- Flashlight
- Games and Reading Material

A caregiver must accompany you to a Special Needs Shelter and must bring their own supplies.

# EMERGENCY KIT CHECKLIST

- One gallon of drinking water per person, per day for three to five days. Extra water for food preparation, pets and personal hygiene
- Enough food for three to five days, including non-perishable packaged and canned food, canned milk, cereal, and snack foods
- A three to five day supply of special items for babies and the elderly: formula, wipes, diapers, special foods, and toiletries
- Manual can/bottle opener
- Toilet paper, paper plates, cups, and plastic utensils
- Unscented household bleach
- First aid kit
- Fire Extinguisher
- Medicines / prescription drugs
- Mosquito repellent
- Sunscreen
- Flashlight, extra batteries,
- Solar charger for cell phone
- Battery operated radio or television with extra batteries
- Plastic trash bags
- Books, games, and toys
- Hand sanitizer and sanitary wipes
- Heavy duty gloves and one or two tarps
- Pet supplies